

We Change Lives

CLUB HOUSE WINNERS

Those who participated should be proud of their personal victories, and we're excited to reveal 2022's lineup of winning nominees in this Special Issue. On the following pages, you'll meet folks from the Clean EatZ community (50-plus nationwide).

These WCL warriors were selected as inspirational leaders by the CE cafe owners in their hometowns. Each will receive 3-months' of meals on us, and the power of a life changed! Rounding out the group is our Grand Prize winner, **Lisa Ackert!**

You'll read more about this bad ass in a bit, but the entire Clean EatZ family is simply in awe of her devotion to change. Lisa will be receiving a \$25,000 pat on the back, one year of meals, and the reward of raising the WCL belt high overhead! She joins a team of amazing Challenge takers, and we're absolutely honored to welcome her to this season's roster!



VIKTOR HOLMBERG
HOOVER, AL



MORGAN KNOTTS
MOBILE, AL



BRANDON GACHNE
JOHNSTOWN, CO



LORYN SPADY
DENVER, CO



ASHLEY LANTES
CLERMONT, FL



JOE JOHNSON
JACKSONVILLE SOUTHSIDE, FL



ARTHUR SPEZIALE
SHALIMAR, FL



CHRIS & KRISTIN MANLEY
ORLANDO SODO, FL



TONI REILLY
PENSACOLA, FL



TOM ALEXANDER
WEST PALM BEACH, FL



CLINTON "CJ" FAISON
AUGUSTA, GA



JAMES BECHDOLT
COLUMBUS GA



BRIANNA HART
NORCROSS, GA



DALLAS MULVEY
PEACHTREE CITY, GA



JESSI ROBBINS
EDWARDSVILLE, IL



JOHN FURLONG
ORLAND PARK, IL



NICHOLAS COLONNA
FISHERS, IN



NIC MALLEY SR.
DYER, IN



TORI POSEY
LOUISVILLE, KY



JACK JOHNSON
NEWPORT, KY



TRISHA KELLY
SCARBOROUGH, ME



PATRICK TULLIO
TROY, MI



BEN KRAKER
GRAND RAPIDS, MI



BETH COGGINS
ASHEVILLE, NC



HAL HOOD
BOONE, NC



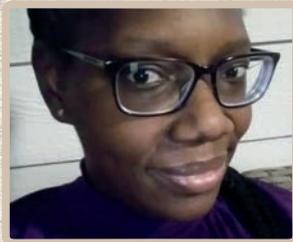
PATRICIA CONVERY
CARY, NC



JONATHAN MOORE
CHARLOTTE, NC



NATALIE TRIFARI
CHARLOTTE SOUTHBEND, NC



AYANNA MARTIN
DURHAM, NC



RENARD THOMAS
GREENSBORO, NC



LEE SMITH
GOLDSBORO, NC



SARA KLEINKNECHT
GREENVILLE, NC



PECOLIA LESUEUR
FAYETTEVILLE, NC



KEN LOVELL
JACKSONVILLE, NC



JOHN GERRING
LAKE NORMAN, NC



DEANNA QUEEN
MOORESVILLE, NC



ANNA MULHOLLEM
RALEIGH, NC



HEATHER ADAMS & TOM LOCKHART
SOUTHERN PINES, NC



LUCILLE MYERS
WILMINGTON, NC



CHERISE JAMES
WINSTON SALEM, NC



AMANDA PAGNUCCO
CANTON, OH



CHAD STEVENS
COLUMBUS, OH



SCOTTY BRONCO
CUYAHOGA FALLS, OH



LINDSEY MONROE
DUBLIN, OH



TYLER MILLER
MENTOR, OH



BETH DECREDICO
WESTLAKE, OH



ALISON HOOVER
CRANBERRY TOWNSHIP, PA



KRIS RUE
FOX CHAPEL, PA



MATT KOCH
LANCASTER, PA



TANIA GARCIA KRAUSS
READING, PA



JUDY RONDEAU
CAROLINA FOREST, SC



LUIS MARTINEZ
COLUMBIA, SC



KAITLYN KIMMEL
GREENVILLE, SC



KATHERINE DEARDUFF
FORT MILL, SC



KIWANIS MITCHELL
NORTH CHARLESTON, SC



CYNTHIA HARRISON
FLORENCE, SC



HANNAH MANGAN
MT. PLEASANT, SC



SARA ERWIN
LEXINGTON, SC



DUVALL YOUNG
CHATTANOOGA, TN



JOCK OGLESBY
MURFREESBORO, TN



MICHAEL HOLTZ
KNOXVILLE, TN



CLAIRE DIOT
FLOWER MOUND, TX



DANIEL GRIMSLEY
CHESAPEAKE, VA



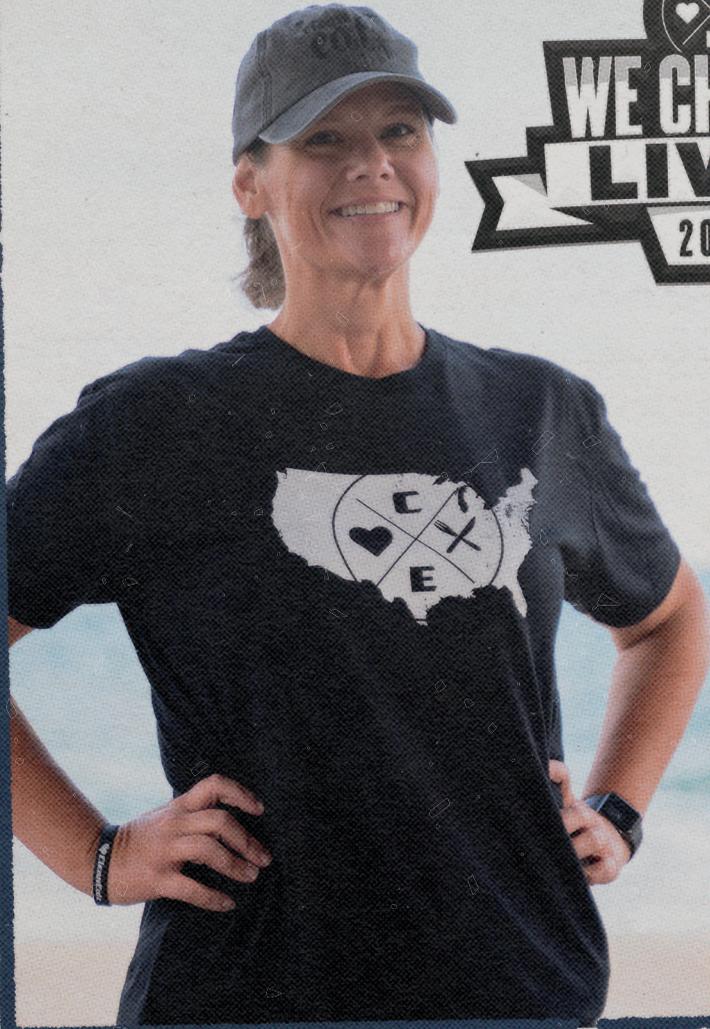
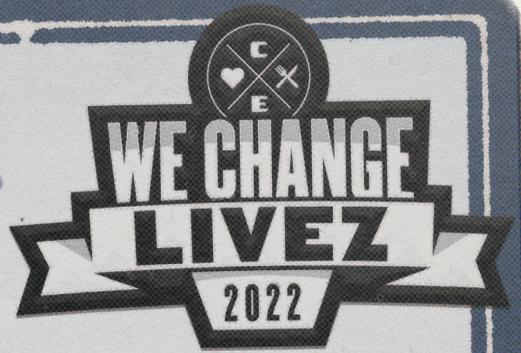
ANGI PICARIELLO
FREDERICKSBURG, VA



RAFAEL RAMIREZ
NORFOLK, VA



VICTORIA MORROW
RICHMOND, VA



LISA ACKERT
GLENDAL, AZ



WCL 2022 GRAND PRIZE WINNER

Lisa Ackert

Lisa Ackert has battled her weight throughout most of her life. However, in October 2020, she lost her Dad to Alzheimer's. That's when she decided it was time to get serious about adopting a healthy lifestyle.

Lisa's catalyst to change her unhealthy ways was the loss of her Dad. Her motivation to maintain this lifestyle, however, comes from her commitment to being there for her kids, and for herself.

"I have struggled with my weight my entire adult life. It wasn't until I turned 40 years old in 2020 that I decided to fight for me, for my future," she remembers.

“IT'S REAL FOOD THAT YOU ACTUALLY FEEL GOOD ABOUT PUTTING IN YOUR BODY, ESPECIALLY WHEN YOU ARE TRYING TO GET HEALTHY AND CHANGE YOUR LIFE.”

Throughout her 20's and 30's, Lisa was stuck in a constant cycle of losing weight and then regaining it. When her father passed, she was 40 years old and 354 pounds. She knew if she continued along her same unhealthy path, her children would likely lose her long before she lost her own father. Dealing with the loss of a parent is difficult at any age, but Lisa's children are young and the thought of them having to take on that kind of grief at such a young age was too much for her to bear.

After committing to her new health goals, Lisa found that the Clean EatZ lifestyle worked best for her — because it's fast, convenient, and healthy.

"It's real food that you actually feel good about putting in your body, especially when you are trying to get healthy and change your life," she says.

In a world that revolves around convenience, finding food options that are both quick and supportive of a healthy lifestyle can be difficult. For Lisa, being able to pick up Clean EatZ meals have helped her stay on track and have been a true life-changer!