



	Calories	Fat	Protein	Carbohydrates						
GARDEN HERB STEAK BOWL	307	11	27	25						
Low Carb	307	11	27	25						
Extra Protein	391	15	39	25						
Extra Protein + Low Carb	391	15	39	25						
TURKEY RAGU PASTA	423	15	32	40						
Low Carb	363	15	32	25						
Extra Protein	538	22	45	40						
Extra Protein + Low Carb	478	22	45	25						
SWEET CHILI CHICKEN MAC & CHEESE	449	9	26	66						
Low Carb	241	5	32	17						
CE Sweet Chili Sauce on side	76			19						
Extra Protein	528	12	35	70						
Extra Protein + Low Carb	306	6	45	18						
CE Sweet Chili Sauce on side	76			19						
BBQ BACON CHEDDAR CHICKEN	395	15	35	30						
Low Carb	347	15	35	18						
Extra Protein	460	16	48	31						
Extra Protein + Low Carb	412	16	48	19						
ALE BBQ CHICKEN BOWL	334	6	26	44						
Low Carb	222	6	26	16						
Extra Protein	413	9	38	45						
Extra Protein + Low Carb	297	9	38	16						
MAPLE WAFFLE FRY LOADED BREAKFAST	533	25	31	46						
Extra Protein	640	28	41	56						
BUFFALO CHICKEN PIZZA	778	30	39	88						
PREMIUM: TERIYAKI BISON & RICE	447	15	49	29						
SALAD: CE WEDGE	406	22	42	10						
SALAD: HOT HONEY CRISPY CHICKEN SALAD	582	26	38	49						
GRAPE PB&J	250	12	12	33						
STRAWBERRY PB&J	250	12	12	33						
BEEF & CHEESE EMPANADA	250	12	14	19						
PEPPERONI PIZZA EMPANADA	330	23	15	17						
BLUEBERRY WAFFLE & SAUSAGE BREAKFAST SAMMIEZ	440	24	14	42						
CHICKEN & WAFFLE BREAKFAST SAMMIEZ	570	28	24	56						
SAUSAGE EGG & CHEESE BREAKFAST SAMMIEZ	410	23	21	29						
DARK CHOCOLATE PEANUT BUTTER BUCKEYES (PER 1 BUCKEYE)	100	7	5	6						
ENERGY BITES (PER 1 ENERGY BITE)	93	5	2	10						