



	Calories	Fat	Protein	Carbohydrates
TURKEY STUFFED PEPPER BOWL	350	14	29	27
Low Carb	350	14	29	27
Extra Protein	435	19	39	27
Extra Protein + Low Carb	435	19	39	27
CHILI CRISP GRILLED CHICKEN	340	12	25	33
Low Carb	280	12	25	18
Extra Protein	370	10	37	33
Extra Protein + Low Carb	314	10	37	19
BBQ BEEF MAC & CHEESE	344	8	29	39
Low Carb	234	6	26	19
Extra Protein	441	13	41	40
Extra Protein + Low Carb	331	11	38	20
HOT HONEY PORK TENDERLION	351	11	21	42
Low Carb	N/A	N/A	N/A	N/A
Extra Protein	426	14	30	45
Extra Protein + Low Carb	N/A	N/A	N/A	N/A
MEXICAN CHICKEN BURRITO BOWL	383	15	31	31
Low Carb	334	14	31	21
Extra Protein	458	18	43	31
Extra Protein + Low Carb	418	18	43	21
HONEY BBQ CHICKEN & WAFFLES	375	15	31	29
Extra Protein	441	17	43	29
CHICKEN CHEESESTEAK PIZZA	625	17	35	83
PREMIUM: TRI TIP STEAK W/ CHARRED POTATOES SALAD	421	21	31	27
SALAD	N/A	N/A	N/A	N/A
GRAPE PB&J	250	12	12	33
STRAWBERRY PB&J	250	12	12	33
BEEF & CHEESE EMPANADA	250	12	14	19
PEPPERONI PIZZA EMPANADA	330	23	15	17
BLUEBERRY WAFFLE & SAUSAGE BREAKFAST SAMMIEZ	440	24	14	42
CHICKEN & WAFFLE BREAKFAST SAMMIEZ	570	28	24	56
SAUSAGE EGG & CHEESE BREAKFAST SAMMIEZ	410	23	21	29
DARK CHOCOLATE PEANUT BUTTER BUCKEYES (PER 1 BUCKEYE)	100	7	5	6
ENERGY BITES (PER 1 ENERGY BITE)	93	5	2	10