



	Calories	Fat	Protein	Carbohydrates						
BEEF EGG ROLL IN A BOWL	387	15	35	28						
Low Carb	339	15	35	16						
Extra Protein	501	21	50	28						
Extra Protein + Low Carb	453	21	50	16						
CARNITAS TACOS	415	15	46	24						
Low Carb	415	15	46	24						
Extra Protein	520	20	60	25						
Extra Protein + Low Carb	520	20	60	25						
HONEY BBQ CHICKEN BITES	416	8	23	63						
Low Carb	N/A	N/A	N/A	N/A						
Extra Protein	510	10	30	75						
Extra Protein + Low Carb	N/A	N/A	N/A	N/A						
MEXICAN LASAGNA	307	7	28	33						
Low Carb	N/A	N/A	N/A	N/A						
Extra Protein	377	9	40	34						
Extra Protein + Low Carb	377	9	40	34						
STICKY ASIAN CHICKEN	338	6	28	43						
Low Carb	233	5	28	19						
Extra Protein	399	7	40	44						
Extra Protein + Low Carb	312	8	40	20						
SOUTHWEST BREAKFAST BURRITO	505	21	30	49						
Extra Protein	593	25	42	50						
BOURBON CHICKEN PIZZA	646	18	36	85						
PREMIUM: LOBSTER ALFREDO TORTELLINI	434	10	27	59						
SALAD: GRILLED BUFFALO SALAD	406	22	38	14						
SALAD: BBQ CHICKEN SALAD	306	6	31	32						
GRAPE PB&J	250	12	12	33						
STRAWBERRY PB&J	250	12	12	33						
BEEF & CHEESE EMPANADA	250	12	14	19						
PEPPERONI PIZZA EMPANADA	330	23	15	17						
BLUEBERRY WAFFLE & SAUSAGE BREAKFAST SAMMIEZ	440	24	14	42						
CHICKEN & WAFFLE BREAKFAST SAMMIEZ	570	28	24	56						
SAUSAGE EGG & CHEESE BREAKFAST SAMMIEZ	410	23	21	29						
DARK CHOCOLATE PEANUT BUTTER BUCKEYES (PER 1 BUCKEYE)	100	7	5	6						
ENERGY BITES (PER 1 ENERGY BITE)	93	5	2	10						