



	Calories	Fat	Protein	Carbohydrates						
KOREAN BBQ RIB RAMEN	371	11	27	41						
Low Carb	254	10	22	19						
Extra Protein	415	11	37	42						
Extra Protein + Low Carb	363	15	37	20						
CHIPOTLE RANCH STEAK NACHOS	493	21	31	45						
Low Carb	368	16	31	25						
Extra Protein	559	23	43	45						
Extra Protein + Low Carb	461	21	43	25						
SANTA FE BOWL	290	10	29	21						
Low Carb	290	10	29	21						
Extra Protein	387	15	41	22						
Extra Protein + Low Carb	387	15	41	22						
BBQ CHICKEN & ROASTED RED POTATOES	258	2	31	29						
Low Carb	218	2	31	19						
Extra Protein	319	3	43	30						
Extra Protein + Low Carb	279	3	43	20						
COWBOY SHEPHERD'S BOWL	363	11	25	41						
Low Carb	274	10	23	23						
Extra Protein	456	15	36	41						
Extra Protein + Low Carb	326	10	36	23						
HASHBROWN STACK	411	23	17	34						
Extra Protein	501	29	24	36						
LOADED PEPPERONI PIZZA	750	30	36	84						
PREMIUM: LOADED BRISKET MAC & CHEESE	563	23	29	60						
SALAD: BBQ CHICKEN SALAD	306	6	31	32						
SALAD: SOUTHWEST SALAD	318	10	31	26						
GRAPE PB&J	250	12	12	33						
STRAWBERRY PB&J	250	12	12	33						
BEEF & CHEESE EMPANADA	250	12	14	19						
PEPPERONI PIZZA EMPANADA	330	23	15	17						
BLUEBERRY WAFFLE & SAUSAGE BREAKFAST SAMMIEZ	440	24	14	42						
CHICKEN & WAFFLE BREAKFAST SAMMIEZ	570	28	24	56						
SAUSAGE EGG & CHEESE BREAKFAST SAMMIEZ	410	23	21	29						
DARK CHOCOLATE PEANUT BUTTER BUCKEYES (PER 1 BUCKEYE)	100	7	5	6						
ENERGY BITES (PER 1 ENERGY BITE)	93	5	2	10						