



	Calories	Fat	Protein	Carbohydrates						
<b>BUFFALO CHICKEN RANCH LOADED TOTS</b>	<b>360</b>	16	25	29						
Low Carb	267	11	25	17						
Extra Protein	425	17	38	30						
Extra Protein + Low Carb	332	12	38	18						
<b>CAPRESE CHICKEN LASAGNA</b>	<b>427</b>	15	42	31						
Low Carb	N/A	N/A	N/A	N/A						
Extra Protein	488	16	54	32						
Extra Protein + Low Carb	N/A	N/A	N/A	N/A						
<b>BBQ CHEESEBURGER BOWL</b>	<b>446</b>	18	24	47						
Low Carb	301	13	24	22						
Extra Protein	526	22	35	47						
Extra Protein + Low Carb	426	22	35	22						
<b>STEAK POUTINE BOWL</b>	<b>440</b>	20	36	29						
Low Carb	398	18	36	23						
Extra Protein	501	21	48	30						
Extra Protein + Low Carb	459	19	48	24						
<b>ENCHILADA CHICKEN RICE BOWL</b>	<b>284</b>	4	31	31						
Low Carb	236	4	31	19						
Extra Protein	336	4	43	32						
Extra Protein + Low Carb	288	4	43	20						
<b>DENVER BREAKFAST SCRAMBLER</b>	<b>401</b>	21	29	24						
Extra Protein	544	28	45	28						
<b>HOT HONEY PEPPERONI PIZZA</b>	<b>774</b>	30	33	93						
<b>PREMIUM: BISON HASH W/ PARMESAN ASPARAGUS</b>	<b>350</b>	10	42	23						
<b>SALAD: SUMMER BERRY SALAD</b>	<b>252</b>	8	24	21						
<b>SALAD: COBB SALAD</b>	<b>463</b>	27	31	24						
<b>GRAPE PB&amp;J</b>	<b>250</b>	<b>12</b>	<b>12</b>	<b>33</b>						
<b>STRAWBERRY PB&amp;J</b>	<b>250</b>	<b>12</b>	<b>12</b>	<b>33</b>						
<b>BEEF &amp; CHEESE EMPANADA</b>	<b>250</b>	<b>12</b>	<b>14</b>	<b>19</b>						
<b>PEPPERONI PIZZA EMPANADA</b>	<b>330</b>	<b>23</b>	<b>15</b>	<b>17</b>						
<b>BLUEBERRY WAFFLE &amp; SAUSAGE BREAKFAST SAMMIEZ</b>	<b>440</b>	24	14	42						
<b>CHICKEN &amp; WAFFLE BREAKFAST SAMMIEZ</b>	570	28	24	56						
<b>SAUSAGE EGG &amp; CHEESE BREAKFAST SAMMIEZ</b>	410	23	21	29						
<b>DARK CHOCOLATE PEANUT BUTTER BUCKEYES (PER 1 BUCKEYE)</b>	100	7	5	6						
<b>ENERGY BITES (PER 1 ENERGY BITE)</b>	93	5	2	10						