



	Calories	Fat	Protein	Carbohydrates
<b>CHIPOTLE RANCH CHICKEN FAJITA BOWL</b>	<b>407</b>	15	34	34
Low Carb	280	8	31	21
Extra Protein	486	18	47	34
Extra Protein + Low Carb	354	10	45	21
<b>CHICKEN SAUSAGE BOLOGNESE</b>	<b>437</b>	13	38	42
Low Carb	335	11	38	21
Extra Protein	521	17	50	42
Extra Protein + Low Carb	383	11	50	21
<b>GARLIC PARMESAN BEEF</b>	<b>401</b>	9	32	48
Low Carb	291	7	32	25
Extra Protein	472	12	43	48
Extra Protein + Low Carb	380	12	43	25
<b>TEMPURA CHICKEN HIBACHI W/ YUM YUM SAUCE</b>	<b>401</b>	13	28	43
Low Carb	325	13	28	24
Extra Protein	512	16	40	52
Extra Protein + Low Carb	436	16	40	33
<b>CHICKEN ASIAN POTSTICKERS</b>	<b>359</b>	7	21	53
Low Carb	238	6	21	25
Extra Protein	437	9	30	59
Extra Protein + Low Carb	317	9	30	29
<b>LOADED STEAK &amp; EGG OMELETTE</b>	<b>382</b>	14	29	35
Extra Protein	444	16	30	45
<b>LOADED TACO PIZZA</b>	<b>692</b>	32	25	76
<b>PREMIUM: BAJA SALMON</b>	<b>308</b>	8	28	31
<b>SALAD: ITALIAN PASTA SALAD</b>	<b>426</b>	14	34	41
<b>SALAD: MANDRIAN CHICKEN CRUNCH SALAD</b>	<b>248</b>	8	22	22
<b>GRAPE PB&amp;J</b>	<b>250</b>	<b>12</b>	<b>12</b>	<b>33</b>
<b>STRAWBERRY PB&amp;J</b>	<b>250</b>	<b>12</b>	<b>12</b>	<b>33</b>
<b>BEEF &amp; CHEESE EMPANADA</b>	<b>250</b>	<b>12</b>	<b>14</b>	<b>19</b>
<b>PEPPERONI PIZZA EMPANADA</b>	<b>330</b>	<b>23</b>	<b>15</b>	<b>17</b>
<b>BLUEBERRY WAFFLE &amp; SAUSAGE BREAKFAST SAMMIEZ</b>	<b>440</b>	24	14	42
<b>CHICKEN &amp; WAFFLE BREAKFAST SAMMIEZ</b>	570	28	24	56
<b>SAUSAGE EGG &amp; CHEESE BREAKFAST SAMMIEZ</b>	410	23	21	29
<b>DARK CHOCOLATE PEANUT BUTTER BUCKEYES (PER 1 BUCKEYE)</b>	100	7	5	6
<b>ENERGY BITES (PER 1 ENERGY BITE)</b>	93	5	2	10