



	Calories	Fat	Protein	Carbohydrates						
MEXICAN CHICKEN BURRITO BOWL	383	15	31	31						
Low Carb	334	14	31	21						
Extra Protein	458	18	43	31						
Extra Protein + Low Carb	418	18	43	21						
TEMPURA CHICKEN ROLL IN A BOWL	470	14	33	53						
Low Carb	318	10	33	24						
Extra Protein	549	17	42	57						
Extra Protein + Low Carb	387	11	48	24						
BBQ BACON MONTEREY CHICKEN	235	7	31	12						
Low Carb	235	7	31	12						
Extra Protein	304	8	45	13						
Extra Protein + Low Carb	304	8	45	13						
PIZZA CHICKEN MAC & CHEESE	386	10	34	40						
Low Carb	297	9	29	25						
Extra Protein	465	13	46	41						
Extra Protein + Low Carb	363	11	41	25						
STEAKHOUSE FRIES & BEEF BOWL	430	18	26	41						
Low Carb	326	14	25	25						
Extra Protein	500	20	38	42						
Extra Protein + Low Carb	388	16	36	25						
BUFFALO CHICKEN OMELETTE	390	22	25	23						
Extra Protein	438	22	37	23						
CARNIVORE PIZZA 2.0	778	30	46	81						
PREMIUM: GNOCCHI W/ BISON BOLOGNESE	602	22	56	45						
SALAD: SOUTHWEST CHICKEN SALAD	318	10	31	26						
GRAPE PB&J	250	12	12	33						
STRAWBERRY PB&J	250	12	12	33						
BEEF & CHEESE EMPANADA	250	12	14	19						
PEPPERONI PIZZA EMPANADA	330	23	15	17						
BLUEBERRY WAFFLE & SAUSAGE BREAKFAST SAMMIEZ	440	24	14	42						
CHICKEN & WAFFLE BREAKFAST SAMMIEZ	570	28	24	56						
SAUSAGE EGG & CHEESE BREAKFAST SAMMIEZ	410	23	21	29						
DARK CHOCOLATE PEANUT BUTTER BUCKEYES (PER 1 BUCKEYE)	100	7	5	6						
ENERGY BITES (PER 1 ENERGY BITE)	93	5	2	10						