



	Calories	Fat	Protein	Carbohydrates						
STEAK TIP LOADED POTATO SKINS	355	15	27	28						
Low Carb	355	15	27	28						
Extra Protein	431	19	37	28						
Extra Protein + Low Carb	431	19	37	28						
HEARTY BEEF RAGU	503	19	41	42						
Low Carb	405	17	41	22						
Extra Protein	568	20	55	42						
Extra Protein + Low Carb	515	23	55	22						
BEEF BIRRIA POWER BOWL	340	12	26	32						
Low Carb	292	12	26	20						
Extra Protein	401	13	39	32						
Extra Protein + Low Carb	353	13	39	20						
ENCHILADA CHICKEN BOWL	317	9	33	26						
Low Carb	317	9	33	26						
Extra Protein	392	12	45	26						
Extra Protein + Low Carb	392	12	45	26						
CAPRESE CHICKEN LASAGNA	427	15	42	31						
Low Carb	N/A	N/A	N/A	N/A						
Extra Protein	488	16	54	32						
Extra Protein + Low Carb	N/A	N/A	N/A	N/A						
MUSHROOM MOZZARELLA TURKEY STACK	417	17	37	29						
Low Carb	250	10	35	5						
Extra Protein	487	19	49	30						
Extra Protein + Low Carb	320	12	47	6						
DENVER BREAKFAST SCRAMBLE	401	21	29	24						
Extra Protein	544	28	45	28						
PREMIUM:KOREAN BURNT END STIR FRY	335	11	26	33						
PIZZA BUNDLE										
1. PEPPERONI PIZZA	772	30	33	80						
2. FIVE CHEESE PIZZA	841	37	45	82						
3. CARNIVORE PIZZA	778	30	46	81						
GRAPE PB&J	250	12	12	33						
STRAWBERRY PB&J	250	12	12	33						
BEEF & CHEESE EMPANADA	250	12	14	19						
PEPPERONI PIZZA EMPANADA	330	23	15	17						
GRAPE PB&J	250	12	12	33						
STRAWBERRY PB&J	250	12	12	33						
BEEF & CHEESE EMPANADA	250	12	14	19						
PEPPERONI PIZZA EMPANADA	330	23	15	17						
BLUEBERRY WAFFLE & SAUSAGE BREAKFAST SAMMI	440	24	14	42						
CHICKEN & WAFFLE BREAKFAST SAMMIEZ	570	28	24	56						
SAUSAGE EGG & CHEESE BREAKFAST SAMMIEZ	410	23	21	29						
DARK CHOCOLATE PEANUT BUTTER BUCKEYES (PER	100	7	5	6						
ENERGY BITES (PER 1 ENERGY BITE)	93	5	2	10						