



	Calories	Fat	Protein	Carbohydrates						
BOURBON BBQ CHICKEN MAC & CHEESE	365	5	30	50						
Low Carb	216	4	25	20						
Extra Protein	418	6	40	51						
Extra Protein + Low Carb	269	5	35	21						
HOT HONEY CHICKEN BITES	315	7	21	42						
Low Carb	221	5	30	14						
Extra Protein	427	11	31	51						
Extra Protein + Low Carb	258	6	36	15						
SOUTHWEST STEAK ENCHILADA BOWL	327	11	26	31						
Low Carb	247	11	26	11						
Extra Protein	411	15	36	33						
Extra Protein + Low Carb	331	15	36	13						
LOADED TURKEY STUFFED SHELLS	552	24	38	46						
Low Carb	N/A	N/A	N/A	N/A						
Extra Protein	592	24	48	46						
Extra Protein + Low Carb	NA/	N/A	N/A	N/A						
BEEF EGG ROLL IN A BOWL	438	18	35	34						
Low Carb	325	17	35	8						
Extra Protein	561	25	50	34						
Extra Protein + Low Carb	385	17	50	8						
CHICKEN TACO BOWL	333	5	31	41						
Low Carb	262	6	31	21						
Extra Protein	394	6	43	42						
Extra Protein + Low Carb	314	6	43	22						
STEAK & EGG HIBACHI	384	12	31	38						
Extra Protein	432	12	43	38						
PREMIUM: BISON SALISBURY STEAK	381	17	29	28						
PIZZA BUNDLE										
1. PEPPERONI PIZZA	772	30	33	80						
2. FIVE CHEESE PIZZA	841	37	45	82						
3. CARNIVORE PIZZA	778	30	46	81						
GRAPE PB&J	250	12	12	33						
STRAWBERRY PB&J	250	12	12	33						
BEEF & CHEESE EMPANADA	250	12	14	19						
PEPPERONI PIZZA EMPANADA	330	23	15	17						
GRAPE PB&J	250	12	12	33						
STRAWBERRY PB&J	250	12	12	33						
BEEF & CHEESE EMPANADA	250	12	14	19						
PEPPERONI PIZZA EMPANADA	330	23	15	17						
BLUEBERRY WAFFLE & SAUSAGE BREAKFAST SAMMI	440	24	14	42						
CHICKEN & WAFFLE BREAKFAST SAMMIEZ	570	28	24	56						
SAUSAGE EGG & CHEESE BREAKFAST SAMMIEZ	410	23	21	29						
DARK CHOCOLATE PEANUT BUTTER BUCKEYES (PER	100	7	5	6						
ENERGY BITES (PER 1 ENERGY BITE)	93	5	2	10						