	Calories	Fat	Protein	Carbohydrates
SWEET CHILI CHICKEN MAC & CHEESE	**477**	9	33	66
Low Carb	253	5	35	17
Sweet Chili Sauce on side	76			19
Extra Protein	556	12	42	70
Extra Protein + Low Carb	318	6	48	18
Sweet Chili Sauce on side	76			19
PUB CHICKEN	**372**	12	35	31
Low Carb	302	10	33	20
Extra Protein	437	13	47	33
Extra Protein + Low Carb	363	11	45	21
BACON CHICKEN RANCH FRIES	**481**	25	34	30
Low Carb	412	24	34	15
Extra Protein	547	27	46	30
Extra Protein + Low Carb	487	27	46	15
SHREDDED BEEF BBQ PLATE	**312**	12	27	24
Low Carb	312	12	27	24
Extra Protein	379	15	37	24
Extra Protein + Low Carb	379	15	37	24
SKINNY BURRITO BOWL	**397**	17	28	33
Low Carb	357	17	28	23
Extra Protein	482	22	38	33
Extra Protein + Low Carb	438	22	37	23
MONGOLIAN STEAK	**325**	5	25	45
Low Carb	**252**	4	25	29
Extra Protein	**387**	7	35	46
Extra Protein + Low Carb	**292**	4	35	29
CHICKEN & EGG BOWL	**387**	15	21	42
Extra Protein	486	18	29	52
PREMIUM: N/A	N/A	N/A	N/A	N/A
PIZZA BUNDLE				
1. LOADED PEPPERONI PIZZA	**750**	30	36	80
2. FIVE CHEESE PIZZA	**841**	37	45	82
3. BACON CHICKEN RANCH	**654**	22	36	78
GRAPE PB&J	**250**	12	12	33
STRAWBERRY PB&J	**250**	12	12	33
HONEY PB&J	**250**	12	12	28
CHEESEBURGER EMPANADA	**270**	13	12	28
BBQ CHICKEN EMPANDA	**240**	12	7	31
PEPPERONI PIZZA EMPANADA	**260**	11	12	28
BLUEBERRY WAFFLE & SAUSAGE BREAKFAST SAMMIEZ	**440**	24	14	42
SAUSAGE EGG & CHEESE BREAKFAST SAMMIEZ	**410**	23	21	29
DARK CHOCOLATE PEANUT BUTTER BUCKEYES (PER 1 BU	**100**	7	5	6
ENERGY BITES (PER 1 ENERGY BITE)	**93**	5	2	10