



	Calories	Fat	Protein	Carbohydrates						
BBQ BEEF MAC & CHEESE	344	8	29	39						
Low Carb	234	6	26	19						
Extra Protein	441	13	41	40						
Extra Protein + Low Carb	331	11	38	20						
CHEESY BACON CHICKEN LOADED POTATOES	346	10	35	29						
Low Carb	293	9	35	18						
Extra Protein	407	11	47	30						
Extra Protein + Low Carb	314	10	47	9						
CILANTRO CHICKEN	307	3	28	42						
Low Carb	203	3	28	16						
Extra Protein	372	4	42	42						
Extra Protein + Low Carb	268	4	42	16						
KOREAN TEMPURA CHICKEN	464	12	24	65						
Extra Protein	555	15	33	72						
PB&J CRISPY CHICKEN	509	17	27	62						
Low Carb	311	15	30	14						
Extra Protein	647	23	37	73						
Extra Protein + Low Carb	359	15	42	14						
EGG BITES, SAUSAGE, & FRENCH TOAST	432	16	38	34						
Extra Protein	505	21	45	34						
PESTO CHICKEN MARGHERITA PIZZA	664	24	33	79						
PREMIUM: TURKEY BURNT END STIR FRY	335	11	26	33						
GRAPE PB&J	250	12	12	33						
STRAWBERRY PB&J	250	12	12	33						
BEEF & CHEESE EMPANADA	250	12	14	19						
PEPPERONI PIZZA EMPANADA	330	23	15	17						