



	Calories	Fat	Protein	Carbohydrates						
PONZU CHICKEN MEATBALLS	354	6	28	47						
Low Carb	242	6	28	19						
Extra Protein	411	7	40	47						
Extra Protein + Low Carb	299	7	40	19						
SOUTHERN CHICKEN DINNER	492	24	27	42						
Low Carb	299	11	27	23						
Extra Protein	633	29	38	55						
Extra Protein + Low Carb	352	12	38	23						
STEAK FAJITAS	395	19	29	27						
Low Carb	326	14	28	22						
*CE Sauce ON SIDE (for LC & XP/LC)	96	5	1	5						
Extra Protein	453	21	38	28						
Extra Protein + Low Carb	384	16	37	23						
*CE Sauce ON SIDE (for LC & XP/LC)	96	5	1	5						
MONTEREY CHICKEN	235	7	31	12						
Low Carb	235	7	31	12						
Extra Protein	304	8	45	13						
Extra Protein + Low Carb	304	8	45	13						
PESTO ALFREDO CHICKEN	451	19	33	37						
Low Carb	439	19	33	23						
Extra Protein	495	19	44	37						
Extra Protein + Low Carb	479	19	44	23						
BIG STEAK OMELETTE	382	14	35	29						
Extra Protein	444	16	45	30						
EPIC CHICKEN PIZZA	863	39	41	87						
PREMIUM: BRISKET CON QUESO PASTA	582	26	28	59						
GRAPE PB&J	250	12	12	33						
STRAWBERRY PB&J	250	12	12	33						
TURKEY BURNT ENDZ EMPANADA	250	12	15	21						
PEPPERONI PIZZA EMPANADA	330	23	15	17						