



	Calories	Fat	Protein	Carbohydrates						
BBQ BEEF LOADED SWEET POTATOES	349	9	32	35						
Low Carb	309	9	32	25						
Extra Protein	406	10	44	35						
Extra Protein + Low Carb	366	10	44	25						
CHICKEN FAJITA BOWL	407	15	34	34						
Low Carb	250	6	31	18						
*CE Sauce ON SIDE (for LC & XP/LC)	97	9	1	3						
Extra Protein	486	18	47	34						
Extra Protein + Low Carb	333	9	45	18						
*CE Sauce ON SIDE (for LC & XP/LC)	97	9	1	3						
HERB CHICKEN W/RED POTATOES	281	5	30	29						
Low Carb	237	5	30	18						
Extra Protein	342	6	42	30						
Extra Protein + Low Carb	294	6	42	18						
CAPRESE CHICKEN LASAGNA	427	15	42	31						
Low Carb	N/A	N/A	N/A	N/A						
Extra Protein	488	16	54	32						
Extra Protein + Low Carb	N/A	N/A	N/A	N/A						
SWEET CHILI CHICKEN	304	8	29	29						
Low Carb	222	6	33	9						
Extra Protein	407	11	39	38						
Extra Protein + Low Carb	283	7	45	10						
BISCUITS & GRAVY BREAKFAST	525	25	26	49						
Extra Protein	600	28	38	49						
LOADED PEPPERONI PIZZA	670	30	36	64						
PREMIUM: LOBSTER MAC & CHEESE	398	10	22	55						
GRAPE PB&J	250	12	12	33						
STRAWBERRY PB&J	250	12	12	33						
TURKEY BURNT ENDZ EMPANADA	250	12	15	21						
PEPPERONI PIZZA EMPANADA	330	23	15	17						