



	Calories	Fat	Protein	Carbohydrates						
ASIAN STICKY RIB RAMEN	371	11	27	41						
Low Carb	254	10	22	19						
*CE Sauce ON SIDE (for LC & XP/LC)	52	0	0	13						
Extra Protein	415	11	37	42						
Extra Protein + Low Carb	363	15	37	20						
*CE Sauce ON SIDE (for LC & XP/LC)	52	0	0	19						
BBQ BEEF MAC & CHEESE	344	8	29	39						
Low Carb	234	6	26	19						
Extra Protein	441	13	41	40						
Extra Protein + Low Carb	331	11	38	20						
CHICKEN CON QUESO PASTA	403	11	32	44						
Low Carb	298	10	28	24						
Extra Protein	477	13	44	46						
Extra Protein + Low Carb	363	11	41	25						
CHICKEN TACO BOWL	333	5	31	41						
Low Carb	262	6	31	21						
Extra Protein	394	6	43	42						
Extra Protein + Low Carb	314	6	43	22						
TEMPURA CHICKEN HIBACH W/YUM YUM SAUCE	401	13	28	43						
Low Carb	325	13	28	24						
*CE Sauce ON SIDE (for LC & XP/LC)	76	0	0	19						
Extra Protein	512	16	40	52						
Extra Protein + Low Carb	428	16	40	33						
*CE Sauce ON SIDE (for LC & XP/LC)	76	0	0	19						
SOUTHWEST BREAKFAST TACOS	505	21	30	49						
Extra Protein	593	25	42	50						
PEPPERONI PIZZA	722	30	33	80						
PREMIUM: TURKEY BURNT END PLATTER	454	14	31	51						
GRAPE PB&J	250	12	12	33						
STRAWBERRY PB&J	250	12	12	33						
TURKEY BURNT ENDZ EMPANADA	250	12	15	21						
PEPPERONI PIZZA EMPANADA	330	23	15	17						