



	Calories	Fat	Protein	Carbohydrates						
PEPPER & ONION STEAK	314	10	25	31						
Low Carb	257	9	25	19						
Extra Protein	332	12	37	312						
Extra Protein + Low Carb	336	12	37	20						
CARNITAS TACOS	415	15	46	24						
Low Carb	415	15	46	24						
Extra Protein	520	20	60	25						
Extra Protein + Low Carb	520	20	60	25						
CHEESY BACON CHICKEN LOADED POTATOES	346	10	35	29						
Low Carb	261	9	35	8						
Extra Protein	407	11	47	30						
Extra Protein + Low Carb	314	10	47	9						
GNOCCHI WITH MEATBALLS	437	13	31	49						
Low Carb	319	11	31	24						
Extra Protein	499	15	42	49						
Extra Protein + Low Carb	390	14	42	24						
SWEET CHILI CHICKEN MAC & CHEESE	449	9	26	66						
Low Carb	241	5	32	17						
*CE Sauce ON SIDE (for LC & XP/LC)	76	0	0	19						
Extra Protein	528	12	35	70						
Extra Protein + Low Carb	306	6	45	18						
*CE Sauce ON SIDE (for LC & XP/LC)	76	0	0	19						
CHICKEN EGG BOWL	387	15	21	42						
Extra Protein	486	18	29	52						
LOADED BEEF TACO PIZZA	692	32	25	76						
PREMIUM: SURF & TURF	408	16	29	37						
GRAPE PB&J	250	12	12	33						
STRAWBERRY PB&J	250	12	12	33						
TURKEY BURNT ENDZ EMPANADA	250	12	15	21						
PEPPERONI PIZZA EMPANADA	330	23	15	17						