



	Calories	Fat	Protein	Carbohydrates
ASIAN STICKY RIB RAMEN	371	11	27	41
Low Carb	254	10	22	19
*CE Sauce ON SIDE (for LC & XP/LC)	52	0	0	13
Extra Protein	415	11	37	42
Extra Protein + Low Carb	363	15	37	20
*CE Sauce ON SIDE (for LC & XP/LC)	52	0	0	19
BBQ BEEF MAC & CHEESE	344	8	29	39
Low Carb	234	6	26	19
Extra Protein	441	13	41	40
Extra Protein + Low Carb	331	11	38	20
CHICKEN CON QUESO PASTA	403	11	32	44
Low Carb	298	10	28	24
Extra Protein	477	13	44	46
Extra Protein + Low Carb	363	11	41	25
SAUSAGE & PEPPERS W/SPANISH RICE	365	5	31	49
Low Carb	277	5	31	27
Extra Protein	431	7	43	49
Extra Protein + Low Carb	343	7	43	27
TEMPURA CHICKEN HIBACH W/YUM YUM SAUCE	401	13	28	43
Low Carb	325	13	28	24
*CE Sauce ON SIDE (for LC & XP/LC)	76	0	0	19
Extra Protein	512	16	40	52
Extra Protein	593	25	42	50
SOUTHWEST BREAKFAST TACOS	505	21	30	49
Extra Protein	593	25	42	50
PEPPERONI PIZZA	722	30	33	80
PREMIUM: TURKEY BURNT END PLATTER	454	14	31	51
KALE CRUNCH SALAD	202	6	29	8
ITALIAN PASTA SALAD	323	7	29	36
GRAPE PB&J	250	12	12	33
STRAWBERRY PB&J	250	12	12	33
BEEF & CHEESE EMPANADA	240	12	14	19
PEPPERONI PIZZA EMPANADA	330	23	15	17
PICKUP JULY 7TH-9TH	Calories	Fat	Protein	Carbohydrates
CHICKEN ENCHILADA PASTA	405	13	29	43
Low Carb	315	11	29	25
Extra Protein	471	15	41	43
Extra Protein + Low Carb	453	13	41	43
CHICKEN SAUSAGE LASAGNA	454	18	44	29
Low Carb	N/A	N/A	N/A	N/A
Extra Protein	520	20	56	29
Extra Protein + Low Carb	N/A	N/A	N/A	N/A
PEPPERJACK BACON CHICKEN MELT	364	12	36	28
Low Carb	290	10	36	14
Extra Protein	421	13	48	28
Extra Protein + Low Carb	347	11	48	14
TEMPURA CHICKEN ROLL IN A BOWL	470	14	33	53
Low Carb	318	10	33	24
Extra Protein	549	17	42	57
Extra Protein + Low Carb	387	11	48	24
COWBOY SHEPHERDS BOWL	363	11	25	41
Low Carb	274	10	23	23
Extra Protein	456	15	36	41
Extra Protein + Low Carb	326	10	36	23
HASHBROWN SANDWICH	465	25	23	37
Extra Protein	541	29	33	37
BBQ BRISKET PIZZA	852	36	47	85
PREMIUM: BRISKET "FRIED" RICE	454	18	27	46
MANDARIN CRUNCH SALAD	248	8	22	22
BBQ CHICKEN SALAD	306	6	31	32
GRAPE PB&J	250	12	12	33
STRAWBERRY PB&J	250	12	12	33
BEEF & CHEESE EMPANADA	240	12	14	19
PEPPERONI PIZZA EMPANADA	330	23	15	17



	Calories	Fat	Protein	Carbohydrates
PICKUP JULY 13TH-15TH	Calories	Fat	Protein	Carbohydrates
BEEF GRAIN BOWL	384	20	26	25
Low Carb	384	20	26	25
Extra Protein	451	23	35	26
Extra Protein + Low Carb	451	23	35	26
CARNITAS TACOS	415	15	46	24
Low Carb	415	15	46	24
Extra Protein	520	20	60	25
Extra Protein + Low Carb	520	20	60	25
CHEESY BACON CHICKEN LOADED POTATOES	346	10	35	29
Low Carb	261	9	35	8
Extra Protein	407	11	47	30
Extra Protein + Low Carb	314	10	47	9
MEATBALL TORTELLINI	525	25	36	45
Low Carb	N/A	N/A	N/A	N/A
Extra Protein	639	31	42	48
Extra Protein + Low Carb	N/A	N/A	N/A	N/A
SWEET CHILI CHICKEN MAC & CHEESE	449	9	26	66
Low Carb	241	5	32	17
*CE Sauce ON SIDE (for LC & XP/LC)	76	0	0	19
Extra Protein	528	12	35	70
Extra Protein + Low Carb	306	6	45	18
*CE Sauce ON SIDE (for LC & XP/LC)	76	0	0	19
PREMIUM: SURF & TURF	408	16	29	37
BBQ CHICKEN SALAD	306	6	31	32
KALE CRUNCH SALAD	202	6	29	8
GRAPE PB&J	250	12	12	33
STRAWBERRY PB&J	250	12	12	33
BEEF & CHEESE EMPANADA	240	12	14	19
PEPPERONI PIZZA EMPANADA	330	23	15	17
PICKUP JUNE 29TH- JULY 1ST	Calories	Fat	Protein	Carbohydrates
BEEF BIRRIA TACOS	402	10	29	49
Low Carb	N/A	N/A	N/A	N/A
Extra Protein	469	13	39	49
Extra Protein + Low Carb	N/A	N/A	N/A	N/A
BUFFALO CHICKEN LOADED TOTS	360	16	25	29
Low Carb	267	11	25	17
Extra Protein	425	17	38	30
Extra Protein + Low Carb	332	12	38	18
CRISPY BBQ CHICKEN MAC	453	17	28	47
Low Carb	332	8	41	24
Extra Protein	553	21	37	54
Extra Protein + Low Carb	389	9	52	25
HIBACHI BEEF W/YUM YUM SAUCE	410	10	32	48
Low Carb	314	10	29	27
Extra Protein	521	13	44	57
Extra Protein + Low Carb	367	11	40	27
SPAGHETTI W/CHICKEN MEATBALLS	453	17	33	42
Low Carb	364	16	33	22
Extra Protein	532	20	45	43
Extra Protein + Low Carb	434	18	45	23
QUESO STEAK BREAKFAST BOWL	320	16	24	20
Extra Protein	383	19	32	21
FIVE CHEESE PIZZA	841	37	45	82
PREMIUM: BRISKET STUFFED SWEET POTATO	434	18	26	42
MANDARIN CRUNCH SALAD	248	8	22	22
GRILLED BUFFALO CHICKEN SALAD	406	22	38	14
GRAPE PB&J	250	12	12	33
STRAWBERRY PB&J	250	12	12	33
BEEF & CHEESE EMPANADA	240	12	14	19
PEPPERONI PIZZA EMPANADA	330	23	15	17