



	Calories	Fat	Protein	Carbohydrates						
CHICKEN FAJITA BOWL	407	15	34	34						
Low Carb	280	8	31	21						
Extra Protein	486	18	47	34						
Extra Protein + Low Carb	354	10	45	21						
CHICKEN SAUSAGE BOLOGNESE	437	13	38	42						
Low Carb	335	11	38	21						
Extra Protein	521	17	50	42						
Extra Protein + Low Carb	383	11	50	21						
GARLIC PARMESAN BEEF	401	9	32	48						
Low Carb	291	7	32	25						
Extra Protein	472	12	43	48						
Extra Protein + Low Carb	380	12	43	25						
TEMPURA CHICKEN HIBACHI W/ YUM YUM SAUCE	401	13	28	43						
Low Carb	325	13	28	24						
*CE Sauce ON SIDE (for LC & XP/LC)	76	0	0	19						
Extra Protein	512	16	40	52						
Extra Protein + Low Carb	436	16	40	33						
*CE Sauce ON SIDE (for LC & XP/LC)	76	0	0	19						
ASIAN POTSTICKERS	359	7	21	53						
Low Carb	238	6	21	25						
Extra Protein	437	9	30	59						
Extra Protein + Low Carb	317	9	30	29						
BIG STEAK OMLETTE	382	14	29	35						
Extra Protein	444	16	30	45						
LOADED TACO PIZZA	692	32	25	76						
PREMIUM: BAJA SALMON	308	8	28	31						
GRAPE PB&J	250	12	12	33						
STRAWBERRY PB&J	250	12	12	33						
BEEF & CHEESE EMPANADA	250	12	14	19						
PEPPERONI PIZZA EMPANADA	330	23	15	17						